

# Minutes

## Homestead Parent Club Meeting

### November 11, 2015

Start time 11:05 a.m.

**Present:** Alicia DiGiulio, *Vice President*; Judy Fehlhaber, *Treasurer*; Kim Brown, *Secretary*; Cindy Volk *Stephanie Tobbins*, Megan Milne, Jennifer Bennett, Anita DiGregory, Amy Walters, Lynn Camino, Liz Auger.

**Welcome** by Judy Fehlhaber.

#### **Guest Speaker, Steve Lake, Assistant Principal -- Resiliency**

- Last year talked to graduates from Homestead. Drove across the state and talked to them. Very happy about academic experience. Talked about experiences outside academics.
- How are we preparing kids psychologically for college? Declining student resiliency is a serious problem for colleges. Kids have increased neediness.
- Dr Tim Elmore President of growing leaders in America.
  - Madison Holleran. Soccer champ. Scholarship. Straight A student. Went to Univ of Penn. Found she was no longer the best at everything. Jumped off a 9-story building.
  - We need to find kids and tell them it's okay not to be the best of everything.
- Harvard has started a resiliency consortium. Stanford also has a program.
- Dr. Steve Hyman. MIT. The mental state of students is so bad it is interfering with the mission of the college
- Dr Leibowitz. Yale University of Medicine. Help kids learn to deal with life's day-to-day stresses.
- Having over protective parents is a risk factor for anxiety disorder.
- Perpetual access to parents keeps kids in a permanent state of dependency.
- Military also had resiliency training. Bounce don't crack.
- Book. *Mindset: The New Psychology of Success* by Carol Dweck.
- Ted Talk. Angela Duckworth. *The Key to Success? Grit*
- Ed Catmull. Fear and Failure. Turn pain into progress.
- What do we do? Provide parents with info on resiliency.
- Learn. Grow. Persist. Survive.
- Dr. Tim Elmore
- Do we think this is important? Let Dr. Downs know. Contact Dr. Downs.
- Get conversation started in the community.
- Moving Forward:
  - Share info with Mr. Lake. If you read something on this topic, etc.
  - Want students to redo work and improve on it.
  - Kids are more worried about the grade than learning.
  - Need to change the culture of teaching
- Is there too much parent involvement in high school? Do students need to advocate for themselves more?

**Minutes**  
**Homestead Parent Club Meeting**  
**November 11, 2015**

**Business Meeting, Alicia DiGiulio, Vice President**

- Teacher Grants were presented by Alicia DiGiulio and discussed. Selections were made.

Meeting adjourned at 12:45 pm